#HelloYellow

YOUNGMiNDS

Friday 9 October 2020

This is World Mental Health Day say #HelloYellow at our school

Come to school wearing something yellow (socks / t-shirts / ribbons / face paint) and bring along a £1 donation which will go to support the good causes addressed by Young Minds

Why does YOUNGMINDS work matter?

1 in 10 children and young people, aged 5-16 suffer from a diagnosable health problem such as depression, anxiety or an eating disorder

10% of young people deliberately harm themselves regularly

3/4 of long lasting mental ill health starts before the age of 18

We support families

We empower children and young people

We campaign for change

We help professionals

For more information go to:

Youngminds.org.uk