

FREE

Community Courses & Taster Sessions



**City College
Peterborough**

Working together, learning together

✓ Family Fun with Books! - George's Marvellous Medicine

Get a free copy of the book and course pack, with an online interactive session with fun activities.

✓ Family Fun with Easter Crafts

Receive a course pack of fun activities for you and the children, with a live online session.

✓ Support your Children with Spelling, Punctuation and Grammar

Aimed at Key stage 2 this online course will help you support your children with their English school work.

✓ A Taste of Spanish

Online tutorial for basic Spanish phrases for eating out in a restaurant.

✓ Indian Cookery Starters

Learn how to cook the perfect onion bhaji and Jeera chicken starters! Online tutorials to help you create these tasty dishes!

✓ Basic IT and Online Safety

Learn how to get online safely and the basics of e-mail and Microsoft Word and Excel. Live online sessions 4 week course.

✓ Parenting in a Pandemic

A 6 week wellbeing and support course for new parents.

✓ Hypnobirthing Taster Session

Want to know more about how hypnosis can impact on your pregnancy and birth experience?

✓ Sewing Techniques

Online tutorials—How to create a buttonhole, apply a zip, turn up hems and seams and edging.



WORDS



✓ Keep Fit for All

Join in online work-out sessions on Monday and Friday mornings 11AM-12 noon.

✓ Simple Dishes Cookery

Online tutorials how to create simple but tasty dishes with the children Macaroni cheese/Pizza/ Toad in the Hole/Vegetable Soup.

✓ Knitting Techniques

Online tutorial on how to knit a small blanket or scarf.



**For more information on free courses
email admin@citycollegepeterborough.ac.uk or
call 01733 761361 and ask for community learning**